

**Series: 1 Corinthians**  
**Lesson: Be Strong**  
**Author: Stafford North**



1. In what ways does living the Christian life compare with running a race?
2. In what ways does living the Christian life compare with the experience of the Israelites in the wilderness?
3. Paul warns that, just as they fell to their temptations, we also can \_\_\_\_\_. Especially, let the one who thinks he is \_\_\_\_\_, be careful lest he \_\_\_\_\_. We must strike the right balance between letting an evil person \_\_\_\_\_ us and our being able to influence that person for \_\_\_\_\_.
4. In what ways does God help us in temptation?
5. List some temptations which we have that we need to resist.
6. What are some ways God has promised to help us in temptation?
7. How does love play a part in resisting temptation?