

**Holy Days and Seasons**  
*The Pursuit of Holiness 12*

**Israel's Holy Days and Seasons**

Weekly: Sabbath

Annually:

1. Passover and Feast of Unleavened Bread
2. First Fruits and Feast of Weeks  
Trumpets, Atonement and Feast of Booths

Less Frequent:

1. Sabbath Year
2. Year of Jubilee



**Basic Principles**

1. Rest (at least 3 reasons)
  - a. Physically
  - b. Ecologically
  - c. Spiritually
2. Holy Convocation (at least 3 reasons)
  - a. Celebration of God's provision
  - b. Reaffirmation of the Lord as Our God
  - c. The Lord is worthy of worship

**Holy Days and New Testament Christianity**

1. Galatians 4:10
2. Romans 14:5-6
3. Important principles we should learn from the holy days in Leviticus:
  - a. We need to learn to stop working and rest.
  - b. We need regular time of worship and reflection

